



NextUp River City Middle School

2023-2024 Spring Session – Student Scheduler

Rank your top three choices in the grey boxes, 1 being most desired, 3 being least desired; You must attend classes that meet more than once a week.

List your top three career goals _____, _____ and _____.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Check-in, Announcements, and Super-Snack (4:00 – 4:30)				
Block 1 4:30 – 5:30	River City on the Run	Edible Schoolyard	River City on the Run	Edible Schoolyard
	The Nail Room	Game On, Girl!	Extreme Engineering	Game On, Girl!
	Art 180 Studio (1 st and 2 nd Block)	Drone Piloting	Flag Football: Leadership Development (B) (1 st and 2 nd Block)	Cheer University
	Flag Football: Leadership Development (A) (1 st and 2 nd Block)	Adventure Sports Broadcasting/Soccer	Precision Step Team (1 st and 2 nd Block)	Adventure Sports Broadcasting/Soccer
	STEAMulate Sport and Game Design	Outdoor Adventure Club (1 st and 2 nd Block)	First Responders Exploration (1 st and 2 nd Block)	Outdoor Adventure Club (1 st and 2 nd Block)
		Boys & Girls Club (1 st and 2 nd Block)		Boys & Girls Club (1 st and 2 nd Block)
		Broken Men Foundation	Master Chef	
Transition (5:30)				

_____ 5:30 Dismissal (Put a check mark if you will be leaving at this time, do not select Block 2 classes)

Rank your top three choices in the grey boxes, 1 being most desired, 3 being least desired; You must attend classes that meet more than once a week.

Block 2 5:30 – 6:30	Art 180 Studio (1st and 2nd Block)	Outdoor Adventure Club (1st and 2nd Block)	Flag Football: Leadership Development (B) (1st and 2nd Block)	Outdoor Adventure Club (1st and 2nd Block)
	Flag Football: Leadership Development (A) (1st and 2nd Block)	Boys & Girls Club (1st and 2nd Block)	First Responders Exploration (1st and 2nd Block)	Spapreneurs
	Cut Above	KICDRUM	Precision Step Team (1st and 2nd Block)	Culinary Arts
	Refashion the Fashion	Cory Alexander Basketball	Airbrush	Cory Alexander Basketball
		Cricut Corner		Boys & Girls Club (1st and 2nd Block)
			Youth Braid and Business Academy	

_____ 6:30 Dismissal (Put a check mark if you will be leaving at this time)

Program	Career Cluster	Description
Adventure Sports Broadcasting/Lacrosse	Arts, Audio/Visual Technology and Communications	Prime Evolution Group believes in restoring the entrepreneur business mind set among today's youth in the Richmond area. Our company prides itself on empowering youth to learn and participate in a trade or skill that will enable them to pursue future employment.
Art 180 Studio	Arts, Audio/Visual Technology and Communications	Join professional artists as we explore creativity and joy through the practice of making, drawing, sculpting, painting, digital art, performance and much more. This will be your studio time to create art that best represents you and your community.
Boys & Girls Club	Arts, Audio/Visual Technology and Communications	Learn leadership skills
Broken Men Foundation Youth Academy	Education and Training	We will provide tutoring to enhance academic performance, trauma, gun prevention, life skill building, mentoring, college tours and more. Give them emotional support our young men desperately need to overcome some of their past obstacles, empower them to be more productive citizens and leaders with a family support system.
Cheer University	Arts, Audio/Visual Technology and Communications	Cheer University is a cheer training program that focuses on Stomp-N-Shake style of cheerleading (traditional style is taught as well). We use cheer as a vehicle to teach superior skill as well as life skills, positive modeling and health self-esteem building.
Cory Alexander Basketball School	Arts, Audio/Visual Technology and Communications	Cory Alexander Basketball School's program is designed to provide a safe, effective, challenging, and fun environment to help students improve skill level, build confidence and self-esteem, develop focus and a love for sports. Our program will target middle school students, who often struggle to find meaningful and structured activities outside of the classroom.
Cut Above	Human Services	Cut Above is a unique program that combines barbering instruction with valuable mentoring for young boys
Cricut Corner	Marketing, Sales and Service	To enhance and develop creativity with designing custom items for entrepreneurial lessons
Drone Piloting	Transportation, Distribution and Logistics	Teaching Drone Piloting, videography and photography.

Edible Schoolyard	Agriculture	Join us as we transform the school's outdoor space into a tasty garden where you will learn to dig it, grow it, and eat it! Learn all the steps to creating and maintaining a bountiful garden, then learn how to turn plants into tasty dishes. Lots of tasting and eating in this program!
Empowered to Jump	Arts, Audio/Visual Technology and Communications	Have fun, learn cool tricks and show us your moves in our double-dutch ropes. No experience needed; we'll teach you how to jump.
Eureka Workshop	Science, Technology, Engineering and Mathematics	CodeVA's Eureka Workshop program builds student engagement in computer science and STEM with hands-on activities that go beyond coding. By integrating CS with the arts, we remove barriers to STEM and CS involvement and encourage children to use and understand technology as both a useful and creative practice.
Extreme Engineering	Science, Technology, Engineering and Mathematics	The Virginia University Preparatory offers comprehensive online career pathways that integrate business, engineering, and sports into practical projects. Students oversee athletic competitions, promote athletic events, create podcasts and broadcasts for those events, assess athletic programs, and help athletes create academic progression plans.
Flag Football: Leadership Development	Arts, Audio/Visual Technology and Communications	Moving up the developmental ladder, we have our 7 v 7 format with rule modifications and increased play complexity making it a program for all ages. Played within a 30 x 70 yd field with enhanced safety features like no-run zones, players will experience incremental skill development both focused on the individual and team dynamics, a deeper understanding of positions and roles, and teamwork
Game On, Girl!	Arts, Audio/Visual Technology and Communications	How does it feel to have the CONFIDENCE to lead an ACTIVE and HEALTHY lifestyle? Come find out at Game On, Girl where you will work with empowered women to play a variety of fun games and sports in a girl-centered space where students of all abilities are welcome!
KICDRUM	Arts, Audio/Visual Technology and Communications	KICDRUM is a fun and interactive musical experience. You will learn to create rhythms and music using individual drums, computers, and games.
MasterChef	Agriculture	Like to cook, bake or want to learn how to make some awesome dishes? Learn how to make meals, desserts & all about kitchen safety!

Outdoor Adventure Club	Science, Technology, Engineering and Mathematics	Join the Blue-Sky Fund Outdoor Adventure Club for exciting activities including canoeing, rock climbing, hiking, and more! Every meeting, we'll venture out into parks and explore the natural environment in and around Richmond, while practicing our outdoor skills, ending the session with an overnight weekend camping trip!
Precision Step Team	Arts, Audio/Visual Technology and Communications	Precision Step Teams introduces students to body percussion, synchronization, focus, leadership skills, acting and performance through the art form of step
REAL Girlz	Arts, Audio/Visual Technology and Communications	Learn something new, have fun & step into your greatness as a R.E.A.L Girlz. We take Girl Power to the next level.
River City on the Run	Arts, Audio/Visual Technology and Communications	See how far your body can take you by joining the run club! As you build your endurance and push yourself past your limits, you will be training to participate in a local race. All abilities and experience levels are welcome!
SpaPreneurs	Human Services	Participants will create luxurious spa products including body butters, candles, soaps and more! Using only natural and wholesome ingredients. Students will also learn how to label, market and develop their signature products.
STEAM Team	Science, Technology, Engineering and Mathematics	Students will participate in fun and engaging hands-on activities and experiments to discover the awesome world of science, technology, engineering, art, and mathematics!
STEAMulate Sport and Game Design	Science, Technology, Engineering and Mathematics	This innovative STEAM-based program joins together STEAM, and design thinking to provide student-driven opportunities to engage in STEAM-related content in authentic and interactive ways. The curriculum is designed to walk youth through five weeks of discussing core STEAM-related competencies and five weeks of game design based on design thinking principles.
The Nail Room	Human Services	A nail tech will help you develop the skills to design and make nails.

Refashion the Fashion	Arts, Audio/Visual Technology and Communications	This class is a self-esteem, self-awareness, and moral booster; you will learn to walk and pose like a runway model.
First Responders Exploration	Law, Public Safety, Corrections and Security	Have you ever wanted to learn and experience the activities and events that you see on television shows like CSI, and Law and Order? Well come on in and be ready to become the next Crime Scene Investigator!
Youth Braid and Business Academy	Human Services	Youth Braid and Business Academy is an enrichment program that provides hair braiding and entrepreneurship training to youth ages 11-17.