



Rank your top three choices in the grey boxes, 1 being most desired, 3 being least desired; You must attend classes that meet more than once a week.

List your top three career goals _____, _____ and _____.

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY |
|--|---|--|-----------------------------|--|
| Check-in, Announcements, and Super-Snack (3:15 – 3:45) | | | | |
| Block 1 3:45 - 4:45 | Edible Schoolyard | Outdoor Adventure Club | Edible Schoolyard | AVID |
| | Girls Book Club (1 st and 2 nd Block) | AVID | Cut Above | Outdoor Adventure Club (1 st and 2 nd Block) |
| | Precision Step (1 st and 2 nd Block) | Photopad | KICDRUM | Game on, Girl! |
| | Bobcats Soccer 12U | ADVENTURE SPORTS BROADCASTING (Soccer) | Videography and Photography | Drone Pilot |
| | Gaming Esports | Game on, Girl! | Bobcats Soccer 12U | ADVENTURE SPORTS BROADCASTING (Soccer) |
| Snack (4:45 -5:00) | | | | |
| 5:00 Dismissal (Put a check mark if you will be leaving at this time, do not select Block 2 classes) | | | | |
| Rank your top three choices in the grey boxes, 1 being most desired, 3 being least desired; You must attend classes that meet more than once a week. | | | | |
| Block 2 | SpaPreneurs | Outdoor Adventure Club (1 st and 2 nd Block) | Straight Talk 4 teen Girls | Outdoor Adventure Club (1 st and 2 nd Block) |

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| 5:00 – 6:30 | | | | | | |
| | Precision Step (1 st and 2 nd Block) | | Braid it up | | Culinary Arts | Balance Your Crown |
| | Girls Book Club (1 st and 2 nd Block) | | Cory Alexander basketball | | Cheer University | Cory Alexander Basketball |
| | Bobcats Soccer 14U | | Airbrush | | Bobcats Soccer 14U | Spin Academy/Lyrical Miracle |
| 6:30 Dismissal (Put a check mark if you will be leaving at this time) | | | | | | |

| Program | Career Cluster | Description |
|-------------------------------|---|--|
| Airbrush | Arts, Audio/Visual Technology and Communications | Teaching the skill and artistic development of airbrushing. Teaching the entrepreneurial mindset. |
| AVID@Boushall | Education and Training | AVID stands for Advancement Via Individual Determination. It is a college readiness system that prepares students in kindergarten through 12th grade for college eligibility and success. |
| Balance Your Crown | Human Services | Balance Your Crown teaches teen girls that we can't be our best selves without self-awareness and self-care. Our program equips teens with the tools they need to identify who they are, set concrete goals, build self-confidence, and make better decisions. |
| Bobcats Soccer | Arts, Audio/Visual Technology and Communications | Outdoor soccer instruction and competitive play. |
| Braid it Up | Human Services | Are you ready to Braid It Up? Learn basic to intermediate hair braiding, to include cornrows and latest trends. |

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| Cheer University | Arts, Audio/Visual Technology and Communications | Cheer University is a cheer training program that focuses on Stomp-N-Shake style of cheerleading (traditional style is taught as well). We use cheer as a vehicle to teach superior skill as well as life skills, positive modeling and health self-esteem building. |
| Cory Alexander Basketball School | Arts, Audio/Visual Technology and Communications | Cory Alexander Basketball School's program is designed to provide a safe, effective, challenging, and fun environment to help students improve skill level, build confidence and self-esteem, develop focus and a love for sports. Our program will target middle school students, who often struggle to find meaningful and structured activities outside of the classroom. |
| Culinary Arts Program | Agriculture | We help students embark on culinary journey through from scratch cooking. |
| Cut Above | Human Services | Cut Above is a unique program that combines barbering instruction with valuable mentoring for young boys |
| Drone Piloting | Transportation, Distribution and Logistics | Teaching Drone Piloting, videography and photography. |
| Edible Schoolyard | Agriculture | Join us as we transform the school's outdoor space into a tasty garden where you will learn to dig it, grow it, and eat it! Learn all the steps to creating and maintaining a bountiful garden, then learn how to turn plants into tasty dishes. Lots of tasting and eating in this program! |
| Game On, Girl! | Arts, Audio/Visual Technology and Communications | How does it feel to have the CONFIDENCE to lead an ACTIVE and HEALTHY lifestyle? Come find out at Game On, Girl where you will work with empowered women to play a variety of fun games and sports in a girl-centered space where students of all abilities are welcome! |
| Girls Book Club | Arts, Audio/Visual Technology and Communications | In Girls Book Group we will read a book together and discuss issues that pertain to the girl experience. |
| KICDRUM | Arts, Audio/Visual Technology and Communications | KICDRUM is a fun and interactive musical experience. You will learn to create rhythms and music using individual drums, computers, and games. |
| MasterChef | Agriculture | Like to cook, bake or want to learn how to make some awesome dishes? Learn how to make meals, desserts & all about kitchen safety! |

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| Outdoor Adventure Club | Science, Technology, Engineering and Mathematics | Join the Blue-Sky Fund Outdoor Adventure Club for exciting activities including canoeing, rock climbing, hiking, and more! Every meeting, we'll venture out into parks and explore the natural environment in and around Richmond, while practicing our outdoor skills, ending the session with an overnight weekend camping trip! |
| Photopad | Arts, Audio/Visual Technology and Communications | Take digital photos and learn to turn them into digital art too. PhotoPad will teach you how everyday items and the beauty in the community can be digitized. |
| Precision Step Team | Arts, Audio/Visual Technology and Communications | Precision Step Teams introduces students to body percussion, synchronization, focus, leadership skills, acting and performance through the art form of step |
| SpaPreneurs | Human Services | Participants will create luxurious spa products including body butters, candles, soaps and more! Using only natural and wholesome ingredients. Students will also learn how to label, market and develop their signature products. |
| Straight Talk 4 Teen Girls | Human Services | Join us & be creative in decision-making because the right choices make champions! |
| Surviving the Teenage Years | Human Services | In Surviving The Teenage Years, we create a safe space to discuss areas of our lives like our identity, self-esteem, bullying, school, and home-life challenges. Together we practice communicating and getting our feelings out -- whether on the page or in the air! |
| Spin Academy/Lyrical Miracle | Arts, Audio/Visual Technology and Communications | Teaching the stem techniques with DJing along with entrepreneurial and confidence building |
| Videography and Photography | Arts, Audio/Visual Technology and Communications | Students will learn firsthand on the elements of 4k recording and photography |
| Walk with Confidence | Arts, Audio/Visual Technology and Communications | This class is a self-esteem, self-awareness, and moral booster; you will learn to walk and pose like a runway model. |