

MONDAY		TUESDAY		WEDNESDAY		THURSDAY	
Check-in, Announcements, and Super-Snack (3:15 – 3:45)							
<b>Block 1</b> <b>3:45 - 4:45</b>	The R.O.P.E.S.		Edible Schoolyard		Drone Piloting		Edible Schoolyard
	Outdoor Adventure Club (1 <sup>st</sup> and 2 <sup>nd</sup> Block)		Jewelry and Accessory Making		Adventure Sports Broadcasting/Soccer		Girls in Gear
	IPlant		Musical at Hill (1 <sup>st</sup> and 2 <sup>nd</sup> Block)		MasterChef		Flag Football & Leadership Development (1 <sup>st</sup> and 2 <sup>nd</sup> Block)
	Nurturing Cafe' (1 <sup>st</sup> and 2 <sup>nd</sup> Block)		Gaming and Esports		Outdoor Adventure Club (1 <sup>st</sup> and 2 <sup>nd</sup> Block)		The Academy (Video)
							Musical at Hill (1 <sup>st</sup> and 2 <sup>nd</sup> Block)
Snack (4:45 -5:00)							

<b>___ 5:00 Dismissal (Put a check mark if you will be leaving at this time, do not select Block 2 classes)</b>								
Rank your top three choices in the grey boxes, 1 being most desired, 3 being least desired; You must attend classes that meet more than once a week.								
<b>Block 2 5:00 – 6:30</b>	<b>Outdoor Adventure Club (1<sup>st</sup> and 2<sup>nd</sup> Block)</b>		<b>Chess</b>		<b>Outdoor Adventure Club (1<sup>st</sup> and 2<sup>nd</sup> Block)</b>		<b>Flag Football &amp; Leadership Development (1<sup>st</sup> and 2<sup>nd</sup> Block)</b>	
	<b>Cory Alexander Basketball School</b>		<b>R.E.A.L. GIRLZ</b>		<b>Cory Alexander Basketball School</b>		<b>Musical at Hill (1<sup>st</sup> and 2<sup>nd</sup> Block)</b>	
	<b>Nurturing Cafe' (1<sup>st</sup> and 2<sup>nd</sup> Block)</b>		<b>Culinary Arts</b>		<b>Where Law Meets Order</b>		<b>Simple Strength</b>	
	<b>Eureka Workshop</b>		<b>Musical at Hill (1<sup>st</sup> and 2<sup>nd</sup> Block)</b>		<b>Balance Your Crown</b>		<b>KICDRUM</b>	
<b>___ 6:30 Dismissal (Put a check mark if you will be leaving at this time)</b>								

Program	Career Cluster	Description
Adventure Sports Broadcasting/Lacrosse	Arts, Audio/Visual Technology and Communications	Prime Evolution Group believes in restoring the entrepreneur business mind set among today's youth in the Richmond area. Our company prides itself on empowering youth to learn and participate in a trade or skill that will enable them to pursue future employment.

<b>Balance Your Crown</b>	<b>Human Services</b>	Balance Your Crown teaches teen girls that we can't be our best selves without self-awareness and self-care. Our program equips teens with the tools they need to identify who they are, set concrete goals, build self-confidence, and make better decisions.
<b>Chess</b>	<b>Education and Training</b>	Learn how to play chess or become a better player.
<b>Cory Alexander Basketball School</b>	<b>Arts, Audio/Visual Technology and Communications</b>	Cory Alexander Basketball School's program is designed to provide a safe, effective, challenging, and fun environment to help students improve skill level, build confidence and self-esteem, develop focus and a love for sports. Our program will target middle school students, who often struggle to find meaningful and structured activities outside of the classroom.
<b>Culinary Arts Program</b>	<b>Agriculture</b>	We help students embark on culinary journey through from scratch cooking.
<b>Drone Piloting</b>	<b>Transportation, Distribution and Logistics</b>	Teaching Drone Piloting, videography and photography.
<b>Edible Schoolyard</b>	<b>Agriculture</b>	Join us as we transform the school's outdoor space into a tasty garden where you will learn to dig it, grow it, and eat it! Learn all the steps to creating and maintaining a bountiful garden, then learn how to turn plants into tasty dishes. Lots of tasting and eating in this program!
<b>Eureka Workshop</b>	<b>Science, Technology, Engineering and Mathematics</b>	CodeVA's Eureka Workshop program builds student engagement in computer science and STEM with hands-on activities that go beyond coding. By integrating CS with the arts, we remove barriers to STEM and CS involvement and encourage children to use and understand technology as both a useful and creative practice.
<b>Flag Football &amp; Leadership Development</b>	<b>Arts, Audio/Visual Technology and Communications</b>	Moving up the developmental ladder, we have our 7 v 7 format with rule modifications and increased play complexity making it a program for all ages. Played within a 30 x 70 yd field with enhanced safety features like no-run zones, players will experience incremental skill development both focused on the individual and team dynamics, a deeper understanding of positions and roles, and teamwork
<b>Gaming/E-Sports</b>	<b>Arts, Audio/Visual Technology and Communications</b>	This introductory course provides students a digital framework

<b>Girls in Gear</b>	<b>Arts, Audio/Visual Technology and Communications</b>	At Girls in Gear, we teach life skills through bike skills to help riders build confidence on and off their bikes. Our program introduces participants to the joys of safe biking while creating a supportive environment that fosters personal growth.
<b>IPlant</b>	<b>Agriculture</b>	Learn to plant and grow your own herbs! Veggies tales and plants. Get your green thumb!
<b>Jewelry and Accessory Making</b>	<b>Architecture and Construction</b>	You can explore your creativity by making jewelry and accessories from conventional and unconventional materials. You will explore different techniques for making items like pouches, earrings, wallets, and more!
<b>KICDRUM</b>	<b>Arts, Audio/Visual Technology and Communications</b>	KICDRUM is a fun and interactive musical experience. You will learn to create rhythms and music using individual drums, computers, and games.
<b>MasterChef</b>	<b>Agriculture</b>	Like to cook, bake or want to learn how to make some awesome dishes? Learn how to make meals, desserts & all about kitchen safety!
<b>Musical at Hill</b>	<b>Arts, Audio/Visual Technology and Communications</b>	School musical, theatrical production
<b>Nurturing Café</b>	<b>Human Services</b>	Providing a real life experience to enhance emotional management and career goals.
<b>On the Run Club</b>	<b>Arts, Audio/Visual Technology and Communications</b>	See how far your body can take you by joining the run club! As you build your endurance and push yourself past your limits, you will be training to participate in a local race. All abilities and experience levels are welcome!
<b>Outdoor Adventure Club</b>	<b>Science, Technology, Engineering and Mathematics</b>	Join the Blue-Sky Fund Outdoor Adventure Club for exciting activities including canoeing, rock climbing, hiking, and more! Every meeting, we'll venture out into parks and explore the natural environment in and around Richmond, while practicing our outdoor skills, ending the session with an overnight weekend camping trip!
<b>R.E.A.L Girlz</b>	<b>Arts, Audio/Visual Technology and Communications</b>	Learn something new, have fun & step into your greatness as a R.E.A.L Girlz. We take Girl Power to the next level.

<b>Simple Strength</b>	<b>Arts, Audio/Visual Technology and Communications</b>	Live Reds (simple strength) fitness program focuses on improving children's lives through 8 core life skills which we teach through high energy activities. Live Red Foundation (simple strength) hopes to bring fun new ways to be active and motivate students to achieve their goals through fun play and fitness.
<b>The Academy</b>	<b>Arts, Audio/Visual Technology and Communications</b>	Students will learn first-hand on the elements of 4k recording and photography
<b>The R.O.P.E.S.</b>	<b>Human Services</b>	The R.O.P.E.S. (Rites of Passage: The Experience Series) is a program for youth on their journey through life that explores decision making, goal setting, healthy relationships, navigating the community and
<b>Where Law Meets Order</b>	<b>Law, Public Safety, Corrections and Security</b>	Have you ever wanted to learn and experience the activities and events that you see on television shows like CSI, and Law and Order? Well come on in and be ready to become the next Crime Scene Investigator!