NextUp Henderson Middle School

2023 Fall session – Student Scheduler



Rank your top three choices in the grey boxes, 1 being most desired, 3 being least desired; You must attend classes that meet more than once a week.

List your top three career goals _____, ____, and _____.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	Check-in	, Announcements, and Supe	r-Snack (3:15 – 3:45)	
Block 1	Edible Schoolyard	The Nail Room	Edible Schoolyard	KICDRUM
3:45 -	Game On, Girl!	Chess	Game On, Girl!	Chess
4:45	Henderson On the Run	Spin Academy/Lyrical Miracle	Henderson On the Run	Drone Piloting
	Outdoor Adventure Club	Healing Horses	Outdoor Adventure Club	Art 180 Studio
	(1 st and 2 nd Block)	(1 st and 2 nd Block)	(1 st and 2 nd Block)	(1 st and 2 nd Block)
	Culinary Arts	Flag Football: Leadership Development (1 st and 2 nd Block)	Gaming/E-Sports	First Responders Exploration (1 st and 2 nd Block)
		Snack (4:45 -5:00)		
5:00	Dismissal (Put a check ma	ark if you will be leavin	g at this time, do not s	elect Block 2 classes)
Rank your top t week.	hree choices in the grey boxes, 1 be	eing most desired, 3 being least	desired; You must attend class	ses that meet more than once a
Block 2	Jewelry and Accessory Making	Adventure Sports Broadcasting/Lacrosse	Pro Skills Basketball	Airbrush
5:00 –		Di daucasting/Laci Usse		
6:30	Pro Skills Basketball	Cory Alexander Basketball	Broken Men Foundation Youth Academy	Adventure Sports Broadcasting/Lacrosse

	Outdoor Adventure Club (1 st and 2 nd Block)	Flag Football: Leadership Development (1 st and 2 nd Block)	Outdoor Adventure Club (1 st and 2 nd Block)	Art 180 Studio (1 st and 2 nd Block)
-	MasterChef	Healing Horses (1 st and 2 nd Block)	Braid It Up	First Responders Exploration (1 st and 2 nd Block)
		STEAMulate Sport and Game Design		Cory Alexander Basketball
6:30	Dismissal (Put a check m	nark if you will be leavin	g at this time)	

Program	Career Cluster	Description
Adventure Sports Broadcasting/Lacrosse	Arts, Audio/Visual Technology and Communications	Prime Evolution Group believes in restoring the entrepreneur business mind set among today's youth in the Richmond area. Our company prides itself on empowering youth to learn and participate in a trade or skill that will enable them to pursue future employment.
Airbrush	Arts, Audio/Visual Technology and Communications	Teaching the skill and artistic development of airbrushing. Teaching the entrepreneurial mindset.
Art 180 Studio	Arts, Audio/Visual Technology and Communications	Join professional artists as we explore creativity and joy through the practice of making, drawing, sculpting, painting, digital art, performance and much more. This will be your studio time to create art that best represents you and your community.
Braid It Up	Human Services	Are you ready to Braid It Up? Learn basic to intermediate hair braiding, to include cornrows and latest trends.
Broken Men Foundation Youth Academy	Education and Training	We will provide tutoring to enhance academic performance, trauma, gun prevention, life skill building, mentoring, college tours and more. Give them emotional support our young men desperately need to overcome some of their past obstacles, empower them to be more productive citizens and leaders with a family support system.

Chess	Education and Training	Learn how to play chess or become a better player	
Cory Alexander Basketball	Arts, Audio/Visual Technology and Communications	Cory Alexander Basketball School's program is designed to provide a safe, effective, challenging, and fun environment to help students improve skill level, build confidence and self-esteem, develop focus and a love for sports. Our program will target middle school students, who often struggle to find meaningful and structured activities outside of the classroom.	
Culinary Arts	Agriculture, Food and Natural Resources	We help students embark on culinary journey through from scratch cooking.	
Drone Piloting	Transportation, Distribution and Logistics	Teaching Drone Piloting, videography and photography.	
Edible Schoolyard	Agriculture, Food and Natural Resources	Join us as we transform the school's outdoor space into a tasty garden where you will learn to dig it, grow it, and eat it! Learn all the steps to creating and maintaining a bountiful garden, then learn how to turn plants into tasty dishes. Lots of tasting and eating in this program!	
First Responders Exploration	Law, Public Safety, Corrections and Security	First Responders Exploration helps you the knowledge, and a voice that can help you become a police officer, firefighter, or ambulance driver. Join us as we speak with first responders and take trips to places in Richmond!	
Flag Football: Leadership Development	Arts, Audio/Visual Technology and Communications	Moving up the developmental ladder, we have our 7 v 7 format with rule modifications and increased play complexity making it a program for all ages. Played within a 30 x 70 yd field with enhanced safety features like no-run zones, players will experience incremental skill development both focused on the individual and team dynamics, a deeper understanding of positions and roles, and teamwork	
Game On, Girl!	Arts, Audio/Visual Technology and Communications	Come find out at Game On, Girl where you will work with empowered women to play a variety	

Gaming/E-Sports	Arts, Audio/Visual Technology and Communications	This introductory course provides students a digital framework
Healing Horses	Agriculture	Learn basic horsemanship skills that include how to groom, read horse behaviors and practicing ground training. This is an observe and practice program with hands on horse activity.
Henderson On the Run	Arts, Audio/Visual Technology and Communications	See how far your body can take you by joining the run club! As you build your endurance and push yourself past your limits, you will be training to participate in a local race. All abilities and experience levels are welcome!
Jewelry and Accessory Making	Architecture and Construction	You can explore your creativity by making jewelry and accessories from conventional and unconventional materials. You will explore different techniques for making items like pouches, earrings, wallets, and more!
KICDRUM	Arts, Audio/Visual Technology and Communications	KICDRUM is a fun and interactive musical experience. You will learn to create rhythms and music using individual drums, computers, and games.
Outdoor Adventure Club	Science, Technology, Engineering and Mathematics	Join the Blue-Sky Fund Outdoor Adventure Club for exciting activities including canoeing, rock climbing, hiking, and more! Every meeting, we'll venture out into parks and explore the natural environment in and around Richmond, while practicing our outdoor skills, ending the session with an overnight weekend camping trip!
Pro Skills Basketball	Arts, Audio/Visual Technology and Communications	The mission of PSB is to change the culture of youth basketball. More specifically, we strive to change the win-at-all-costs, negative youth basketball environment to a healthier, more positive environment through a focus on teaching, coaching, and learning.
Spin Academy/Lyrical Miracle	Arts, Audio/Visual Technology and Communications	Teaching the stem techniques with DJing along with entrepreneurial and confidence building

STEAMulate Sport and Game Design	Science, Technology, Engineering and Mathematics	This innovative STEAM-based program joins together STEAM, and design thinking to provide student-driven opportunities to engage in STEAM-related content in authentic and interactive ways. The curriculum is designed to walk youth through five weeks of discussing core STEAM-related competencies and five weeks of game design based on design thinking principles.
The Nail Room	Human Services	Join the Nail Room where a nail tech will help you develop the skills to design and make nails.