



Rank your top three choices in the grey boxes, 1 being most desired, 3 being least desired; You must attend classes that meet more than once a week.

List your top three career goals _____, _____ and _____.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Check-in, Announcements, and Super-Snack (3:15 – 3:45)				
Block 1 3:45 - 4:45	Outdoor Adventure Club (1 st and 2 nd Block)	Edible Schoolyard	Outdoor Adventure Club (1 st and 2 nd Block)	Edible Schoolyard
	On the Run Club	Jewelry and Accessory Making	Flag Football & Leadership Development (1 st and 2 nd Block)	Adventure Sports Broadcasting/Lacrosse
	IPlant	Adventure Sports Broadcasting/Lacrosse	Drone Piloting	Girls in Gear
	Spin Academy/Lyrical Miracle	The R.O.P.E.S.	On the Run Club	MasterChef
Snack (4:45 -5:00)				
___ 5:00 Dismissal (Put a check mark if you will be leaving at this time, do not select Block 2 classes)				
Rank your top three choices in the grey boxes, 1 being most desired, 3 being least desired; You must attend classes that meet more than once a week.				
Block 2	Outdoor Adventure Club (1 st and 2 nd Block)	Culinary Arts	Outdoor Adventure Club (1 st and 2 nd Block)	Yoga & Mindfulness

5:00 – 6:30	Cory Alexander Basketball School	Chess	Flag Football & Leadership Development (1st and 2nd Block)	Simple Strength
	PhotoPad	Shine Girl	Cory Alexander Basketball School	Chess
	Braid It Up			
_____ 6:30 Dismissal (Put a check mark if you will be leaving at this time)				

Program	Career Cluster	Description
Adventure Sports Broadcasting/Lacrosse	Arts, Audio/Visual Technology and Communications	Prime Evolution Group believes in restoring the entrepreneur business mind set among today's youth in the Richmond area. Our company prides itself on empowering youth to learn and participate in a trade or skill that will enable them to pursue future employment.
Braid It Up	Human Services	Are you ready to Braid It Up? Learn basic to intermediate hair braiding, to include cornrows and latest trends.
Chess	Education and Training	Learn how to play chess or become a better player.
Culinary Arts	Agriculture, Food and Natural Resources	We help students embark on culinary journey through from scratch cooking.
Cory Alexander Basketball School	Arts, Audio/Visual Technology and Communications	Cory Alexander Basketball School's program is designed to provide a safe, effective, challenging, and fun environment to help students improve skill level, build confidence and self-esteem, develop focus and a love for sports. Our program will target middle school students, who often struggle to find meaningful and structured activities outside of the classroom.
Drone Piloting	Transportation, Distribution and Logistics	Teaching Drone Piloting, videography and photography.

Edible Schoolyard	Agriculture, Food and Natural Resources	Join us as we transform the school's outdoor space into a tasty garden where you will learn to dig it, grow it, and eat it! Learn all the steps to creating and maintaining a bountiful garden, then learn how to turn plants into tasty dishes. Lots of tasting and eating in this program!
Flag Football & Leadership Development	Arts, Audio/Visual Technology and Communications	Moving up the developmental ladder, we have our 7 v 7 format with rule modifications and increased play complexity making it a program for all ages. Played within a 30 x 70 yd field with enhanced safety features like no-run zones, players will experience incremental skill development both focused on the individual and team dynamics, a deeper understanding of positions and roles, and teamwork
Girls in Gear	Arts, Audio/Visual Technology and Communications	At Girls in Gear, we teach life skills through bike skills to help riders build confidence on and off their bikes. Our program introduces participants to the joys of safe biking while creating a supportive environment that fosters personal growth.
IPlant	Agriculture, Food and Natural Resources	Learn to plant and grow your own herbs! Veggies tales and plants. Get your green thumb!
Jewelry and Accessory Making	Architecture and Construction	You can explore your creativity by making jewelry and accessories from conventional and unconventional materials. You will explore different techniques for making items like pouches, earrings, wallets, and more!
MasterChef	Agriculture, Food and Natural Resources	Like to cook, bake or want to learn how to make some awesome dishes? Learn how to make meals, desserts & all about kitchen safety!
On the Run Club	Arts, Audio/Visual Technology and Communications	See how far your body can take you by joining the run club! As you build your endurance and push yourself past your limits, you will be training to participate in a local race. All abilities and experience levels are welcome!
Outdoor Adventure Club	Science, Technology, Engineering and Mathematics	Join the Blue-Sky Fund Outdoor Adventure Club for exciting activities including canoeing, rock climbing, hiking, and more! Every meeting, we'll venture out into parks and explore the natural environment in and around Richmond, while practicing our outdoor skills, ending the session with an overnight weekend camping trip!
PhotoPad	Arts, Audio/Visual Technology and Communications	Take digital photos and learn to turn them into digital art too. PhotoPad will teach you how everyday items and the beauty in the community can be digitized.

R.E.A.L Girlz	Arts, Audio/Visual Technology and Communications	Learn something new, have fun & step into your greatness as a R.E.A.L Girlz. We take Girl Power to the next level.
Shine Girl	Human Services	Shine Girl is a ten-week personal development program that seeks to instill strength, worth and purpose into young girls. It is a unique program with an inspirational, practical and experiential approach to learning.
Simple Strength	Arts, Audio/Visual Technology and Communications	Live Reds (simple strength) fitness program focuses on improving children's lives through 8 core life skills which we teach through high energy activities. Live Red Foundation (simple strength) hopes to bring fun new ways to be active and motivate students to achieve their goals through fun play and fitness.
Spin Academy/Lyrical Miracle	Arts, Audio/Visual Technology and Communications	Teaching the stem techniques with DJing along with entrepreneurial and confidence building
The R.O.P.E.S.	Human Services	The R.O.P.E.S. (Rites of Passage: The Experience Series) is a program for youth on their journey through life that explores decision making, goal setting, healthy relationships, navigating the community and
Yoga and Mindfulness	Health Science	In Yoga & Mindfulness, we will explore our physical, mental, emotional, energetic and joy layers through movement, creative projects and discussions. Students will learn how to use their breath as a tool, express themselves creatively, and manage stress and emotions with ease and joy.