

School: River City Middle School

2023 Spring Session - Schedule of Programs

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<b>Check-in, Announcements, and Super-Snack (4:00 – 4:30)</b>					
<b>Block 1</b> <b>4:30 – 5:30</b>	Artbending		Edible Schoolyard	River City on the Run	Edible Schoolyard
	REAL Girlz		Game On, Girl!	STEAM Team	Game On, Girl!
	Drone Piloting		Give + Take: Nature Based Art	Spin Academy	STEAMulate Laser Tag Design
	River City on the Run		Flag Football: Leadership Development	Precision Step Team	Jewelry and Accessory Making
	Holistic Humans A		Outdoor Adventure Club	Holistic Humans B	Outdoor Adventure Club
			Geared Up	Afterschool Musical	Geared Up
<b>Transition (5:30 -5:45)</b>					
		5:00 Dismissal	5:00 Dismissal	5:00 Dismissal	5:00 Dismissal
<b>Block 2</b> <b>5:30 – 6:30</b>	Casa Lapiz Art Program		Outdoor Adventure Club	Precision Step Team	Outdoor Adventure Club
	Where Law Meets Order		Flag Football: Leadership Development	Where Law Meets Order	Empowered to Jump
	ArtBending		Culinary Arts Program	Afterschool Musical	Braid It Up
	Volleyball		Pro Skills Basketball	MasterChef	Pro Skills Basketball
				Casa Lapiz Art Program	Therapy Undefeated
				Volleyball	
<b>Dismissal (6:30)</b>					

## DESCRIPTIONS BELOW

<b>Program</b>	<b>Organization Name</b>	<b>Description</b>
Afterschool Musical: Once on this Island	<b>Cadence Theatre Company</b>	Join Candence's team for the hit Broadway musical, Once on this Island, JR, a rousing Calypso-flavored tale that follows one small girl who find love in a world of prejudice. All students will enjoy in-person courses in acting, singing, dancing, and art over the course of a trimester, culminating in a final live performance for families and friends!
Art Bending	<b>Art 180</b>	Middle School Art Residency Program: Explore and exist as yourself as you create large-scale art!
Braid It Up	<b>JumpStarz</b>	Do you wanna learn to braid or improve your current skills? Sign up for "Braid It Up" so we can teach how to do some hot hairstyles.
Casa Lapiz Art Program	<b>Sacred Heart Center</b>	Come explore different creative languages like drawing, sculpture, collage, and street art with Casa Lapiz, a bilingual English/Spanish art class! Learn from profession artist Alfonso Perez at Sacred Heart Center, along with a rotation of visiting artists, who will help you understand artistic expression and a new way to communicate and showcase all you've learned with a special public exhibition of your art at the end of the session.
Culinary Arts Program	<b>SoleFood Rva LLC</b>	We teach from scratch meals as well as knife cutting and food safety.
Drone Piloting	<b>Men of Barton Heights Youth Organization</b>	Learn how to code and fly a drone!
Edible Schoolyard		Join us as we transform the school's outdoor space into a tasty garden where you will learn to dig it, grow it, and eat it! Learn all the steps to creating and maintaining a bountiful garden, then learn how to turn plants into tasty dishes. Lots of tasting and eating in this program!
Empowered to Jump	<b>JumpStarz LLC</b>	Jump To New Heights with JumpStarz. Learn to jump, dance and express yourself in our ropes.
Flag Football: Leadership Development	<b>Ambassadors of Virginia</b>	Students improve athletic ability learning and practicing basic skills flag football. Students develop gross motor skills such as balance, coordination, and equipment/ball control.
Game On, Girl!	<b>Greater Richmond Fit4Kids</b>	How does it feel to have the CONFIDENCE to lead an ACTIVE and HEALTHY lifestyle? Come find out at Game On, Girl where you will work with empowered women to play a variety of fun games and sports in a girl-centered space where students of all abilities are welcome!
Geared Up	<b>FIRST Chesapeake</b>	Building upon the skills learned in the basic FIRST Chesapeake robotics program, students will learn more about coding and how to build a functioning robotic arm. Students get to keep their finished programmable robot.
Give + Take: Nature Based Art	<b>Open Space Education</b>	We'll take resources from nature to create art in the great outdoors, while thinking of ways to give back to nature through collaboration and art. Go on urban hikes in the neighborhood surrounding school to explore and collect materials for projects including making your own arts supplies, like paint, paintbrushes, and paper from natural materials, as well as re-imagining your schools' green space.
Holistic Humans	<b>Roots Holistic</b>	Holistic Humans is a place for you to be your whole self. You will have the opportunity to express yourself through movement, art, and talking with friends.
Jewelry and Accessory Making	<b>Sew What Kidz</b>	You will be able to explore your creativity by making jewelry and accessories from conventional and unconventional materials. You will explore different techniques on how to make items like pouches, earrings, wallets, and more!
MasterChef	<b>Vitoria's Kitchen</b>	Our MasterChef's will learn to create delicious appetizers, meals, side dishes and desserts – as well as the history behind the cuisines.

Outdoor Adventure Club	<b>Blue Sky Fund</b>	Join the Blue Sky Fund Outdoor Adventure Club for exciting activities including canoeing, rock climbing, hiking, and more! Every meeting, we'll venture out into parks and explore the natural environment in and around Richmond, while practicing our outdoor skills, ending the session with an overnight weekend camping trip!
Pro Skills Basketball	<b>Pro Skills Richmond</b>	Learn the basics of basketball!
Precision Step Team	<b>Precision RVA Incorporated</b>	Precision Step Teams is a performance group using body percussion and modern dance movements. The program will help develop social emotional learning, personal, life, and leadership skills while offering mentorship, travel and performance opportunities, in a fun atmosphere.
REAL Girlz	<b>Flawless Imperfections</b>	We are leaders like Michelle Obama, but we get hype like Beyonce. Join our all-girl empowerment group, R.E.A.L. Girlz and find out what all the hype is about.
River City On the Run	<b>Sports Backers</b>	
Spin Academy	<b>Men of Barton Heights Youth Organization</b>	Teaching and developing music and entrepreneurship through the art of deejaying!
STEAM Team	<b>Axiom Educators, LLC</b>	Join STEAM Team and complete fun and engaging projects using your Science, Technology, Art, and Math skills! Explore the world of STEM by exploding volcanoes, designing tiny houses, racing balloon cars and much more!
STEAMulate: Laser Tag	<b>Level Up Battlesports</b>	Come design and play your own laser tag game! Together with a team, we will use our knowledge of STEAM to create and play out own games.
Therapy Undefeated	<b>Nurturing Minds</b>	Do you love Music, Art or Practical skills like Barbering, or Braiding? Searching for new exciting ways to connect with the community? How about, Therapy Undefeated? Explore new talents & make new connections while creating lasting memories!
Where Law Meets Order	<b>Street Smartz Over Safety</b>	Have you ever wanted to learn and experience the activities and events that you see on television shows like CSI, and Law and Order? Well come on in and be ready to become the next Crime Scene Investigator!