

School: Henderson Middle School

2023 Spring Session - Schedule of Programs

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY		
Check-in, Announcements, and Super-Snack (3:15 – 3:45)							
Block 1 3:45 - 4:45	Edible Schoolyard		Precision Step Team		Edible Schoolyard		Business of Art - Airbrush
	Game On, Girl!		Chess		Game On, Girl!		Chess
	Henderson on the Run		Therapy Undefeated		Flag Football: Leadership Development		MasterChef
	Outdoor Adventure Club		Healing Horses		Outdoor Adventure Club		Music is Life A
	Spin Academy				Henderson on the Run		
Snack (4:45 -5:00)							
		5:00 Dismissal	5:00 Dismissal	5:00 Dismissal	5:00 Dismissal		
Block 2 5:00 – 6:00	Culinary Arts Program		Pro Skills Basketball		Strategy Board Games		Pro Skills Basketball
	Strategy Board Games		KICDRUM		Flag Football: Leadership Development		KICDRUM
	Outdoor Adventure Club		Precision Step Team		Outdoor Adventure Club		Drone Piloting
	STEAM Team		Healing Horses		Braid It Up		Music is Life B
Dismissal (6:00)							

DESCRIPTIONS BELOW

Program	Organization Name	Description
Braid It Up	JumpStarz	Do you want to learn to braid or improve your current skills? Sign up for "Braid It Up" so we can teach how to do some hot hairstyles.
Business of Art - Airbrush	The Men of Barton Heights	Teaching and developing music and entrepreneurship through djing. Teaching how to Airbrush and Cricut designs on clothing using art techniques.
Chess	Chess RVA	Want to beat your parent or sibling at chess? Learn how to play chess or become a better player. We will review the basics as well as cover opening principles, tactics, and general strategy.
Culinary Arts Program	SoleFood Rva LLC	We teach from scratch meals as well as knife cutting and food safety.
Drone Piloting	The Men of Barton Heights	Learn how to code and fly a drone!
Edible Schoolyard	Greater Richmond Fit4Kids	Join us as we transform the school's outdoor space into a tasty garden where you will learn to dig it, grow it, and eat it! Learn all the steps to creating and maintaining a bountiful garden, then learn how to turn plants into tasty dishes. Lots of tasting and eating in this program!
Flag Football: Leadership Development	Ambassadors Of Virginia	Students improve athletic ability learning and practicing basic skills flag football. Students develop gross motor skills such as balance, coordination, and equipment/ball control.
Game On, Girl!	Greater Richmond Fit4Kids	How does it feel to have the CONFIDENCE to lead an ACTIVE and HEALTHY lifestyle? Come find out at Game On, Girl where you will work with empowered women to play a variety of fun games and sports in a girl-centered space where students of all abilities are welcome!
Healing Horses	Virginia Equine Welfare Society	Learn to take care of and rehabilitate your very own horse at Hanover Farms!
Henderson on the Run	Sports Backers	See how far your body can take you by joining the run club! As you build your endurance and push yourself past your limits, you will be training to participate in a local race. All abilities and experience levels welcome!
KICDRUM	Kids in Crisis	KICDRUM is a fun and interactive musical experience. You will learn to create rhythms and music using individual drums, computers, and games.
MasterChef	Victoria's Kitchen	Our MasterChef's will learn to create delicious appetizers, meals, side dishes and desserts – as well as the history behind the cuisines.
Music is Life	City Singers Youth Choirs	Do the hottest beats & symphonies both have soul? Is listening to Beethoven bougie? Why are some songs fire and some are meh? Learn to hear and feel the details in all kinds of music just as djs, musicians, producers, songwriters and singers do to do their thing well in this fun and relaxing experience.
Outdoor Adventure Club	Blue Sky Fund	Join the Blue Sky Fund Outdoor Adventure Club for exciting activities including canoeing, rock climbing, hiking, and more! Every meeting, we'll venture out into parks and explore the natural environment in and around Richmond, while practicing our outdoor skills, ending the session with an overnight weekend camping trip!
Precision Step Team	Precision RVA Incorporated	Precision Step Teams is a performance group using body percussion and modern dance movements. The program will help develop social emotional learning,

		personal, life, and leadership skills while offering mentorship, travel and performance opportunities, in a fun atmosphere.
Pro Skills Basketball	Pro Skills Basketball	Learn the basics of basketball!
Spin Academy	Men of Barton Heights Youth Organization	Teaching and developing music and entrepreneurship through the art of deejaying!
STEAM Team	Axiom Educators, LLC	Join STEAM Team and complete fun and engaging projects using your Science, Technology, Art, and Math skills! Explore the world of STEM by exploding volcanoes, designing tiny houses, racing balloon cars and much more!
Strategy Board Games	Chess RVA	We will introduce a new board game each week, review rules, discuss strategies, play out the first few moves, and continue to monitor play looking for teaching moments. Games include chess, checkers, Clue, connect 4, Q-Bitz, Mancala, Set, Sorry and Trouble among others.
Therapy Undefeated	Nurturing Minds	Do you love Music, Art or Practical skills like Barbering, or Braiding? Searching for new exciting ways to connect with the community? How about, Therapy Undefeated? Explore new talents & make new connections while creating lasting memories!